



Dopamine Sewing: Vogue 1888 Pattern Blouse in Bold Love Bird Linen

## Description



## Vogue 1888 Pattern Blouse in IL019 Love Bird Signature Finish Midweight Line

Recently, I decided to redirect some of my sewing energy to dopamine sewing, which means sewing things that I 'want' for no purpose other than I want it. This means garments that fall into the inspirational category. I ask myself: "Why do they have to just be inspirational? Why can't they just be the thing I sew?!" Dopamine sewing is using bold colors, patterns, more frill and volume. Think: big pants, big dresses, layers, stripes on stripes! My first dopamine sewing project was making the Vogue 1888 pattern, using the [IL019 linen in Love Bird](#).





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I can't continue until we chat about the [color Love Bird](#). It is an insanely saturated neon....is it yellow? Is it green? Whatever color it leans towards, I knew I needed it. Its bold. Its bright. AND more importantly, it hits all the dopamine sensors in my brain [insert joyful alarm noises here].

Let's talk about the pattern itself. I would be remiss if I didn't mention that this pattern is "heavily" inspired (aka- ripped off) from UK-based brand, Tove. I can't buy a \$700+ dress right now, but could afford a \$10 sale pattern...If you're reading this....you know what choice I made.





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The #V1888 has two views- a sleeveless blouse and midi dress. The only difference between the two is the bottom skirt hem length. It has a million pieces to cut, so organization is KEY. In fact- if it had MORE views, then I think my brain would explode keeping them all straight. Anyone else out there a fan of four piece patterns?? Because of the zillion pieces, I wasn't sure how it would come together, but I went step by step and the blouse took shape. Once it looked like something, my feelings towards the hours of gathering turned positive—thankfully. \*Note to reader: I am exaggerating when I say hours. It felt like hours, I could have sworn it was hours. The clock might have stopped. But my partner told me it wasn't...thank goodness he is a better timekeeper than me.







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Like any “first time pattern maker”, I crowdsourced notes and fit feedback. I should have mentioned earlier, that Vogue does not provide any finished garment measurements (something I rely on heavily). Ultimately, I sized down two sizes thanks to the makers who blazed the fit trail before me. I thank you for your sacrifice. I made minimal modifications to the pattern- cropping the length, leaving the blouse open and adding large self drafted sleeves. Remember dopamine sewing means VOLUME, which this blouse embodies.

Okay- back to the fabric! Its medium weight strikes a balance between structure and drape. Initially, I was cautious about how the weight would impact the gathering, which really means how would my emotional state be impacted? Good news- we survived! I can also confirm that it has excellent breathability, ensuring good ole air flow on a hot Los Angeles day.

Although I need to recover from such a hefty pattern, its a perfect picture of what dopamine sewing is to me. I may have a dress version planned, but I will hold off on those miles of gathers for another day.

### CATEGORY

1. COMMUNITY
2. DOPAMINE SEWING

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